

# To live is to learn 2013

## Self-directed learning (SDL) as an approach towards life and education

Have you ever asked yourself how education would look like if everyone would learn what they really wanted to learn? What would happen if learners were free to choose and supported in following their own path? Are you interested? Then join us in exploring of what it takes to enable an individual or a group to direct their own learning.



**When?** 18th -24th September 2013 (including arrival and departure days)

**Where?** Stayokay Arnhem, Netherlands

**Who can join?** Anyone willing to explore and support self-directed learning within the Youth in Action program

**Latest date to apply?** 1st July 2013

**Selection results?** 15th July 2013

Costs of participation, food and accommodation and programme costs are covered by the Dutch National Agency for those selected. Your travel arrangement and travel costs are to be discussed with your National Agency for Youth in Action, so please contact them directly.

Nederlands  
Jeugd  
instituut



Youth  
in Action

This educational activity is financed by the Youth in Action program as a TCP training course supported by the Dutch National Agency.

## Self-directed learning – you decide your learning

Self-directed learning means that you, as the learner, decide when, what and how you want to learn. We believe that the ability to take responsibility for your own learning is an important competence in the everchanging world of today. It puts the learner in the centre of the educational activity. This is why there is no preplanned programme for this training course.

In the months before the course we will create the programme together with you and it will be based on your learning wishes and needs about self-directed learning. We'll use various online tools to do this.

A big part of the course is about yourself as a self-directed learner. You will go through this experience in order to better understand the concept, the implications and the ideas behind SDL. As a second step we will focus on how to support others in directing their own learning. For example in figuring out how to balance providing support with giving space and freedom. Or how to transfer self-directed learning into

your given working context.

The facilitators will openly share with the participants their experiences, challenges and achievements as a contribution to the learning process.

*Loesje*

**EDUCATION  
METHOD**

**IF YOU  
LIKE SOMETHING  
YOU'LL LEARN IT  
AS A MATTER OF  
COURSE**



## Objectives of the course

- To enable participants experience SDL as a learner,
- To share experiences, ideas, visions, doubts and challenges connected to SDL,
- To reflect on SDL from a metalevel as a supporter of SDL processes,
- To strengthen and enrich the educational approach of supporters of SDL processes,
- To support the transfer of SDL as a tool, approach or idea into relevant areas of participant's lives.

## Facilitators of learning

Ann Daniels (Belgium), Anna Wohlessen (Austria) and Lenka Uhrova (Slovakia/Iceland) have experience in directing their own learning as well as in supporting other people to do so. Their role will be to support you in figuring out what it is you are actually interested in, organizing it and also just to talk about living and learning and living to learn and to share a cup of coffee and not talk about learning at all.