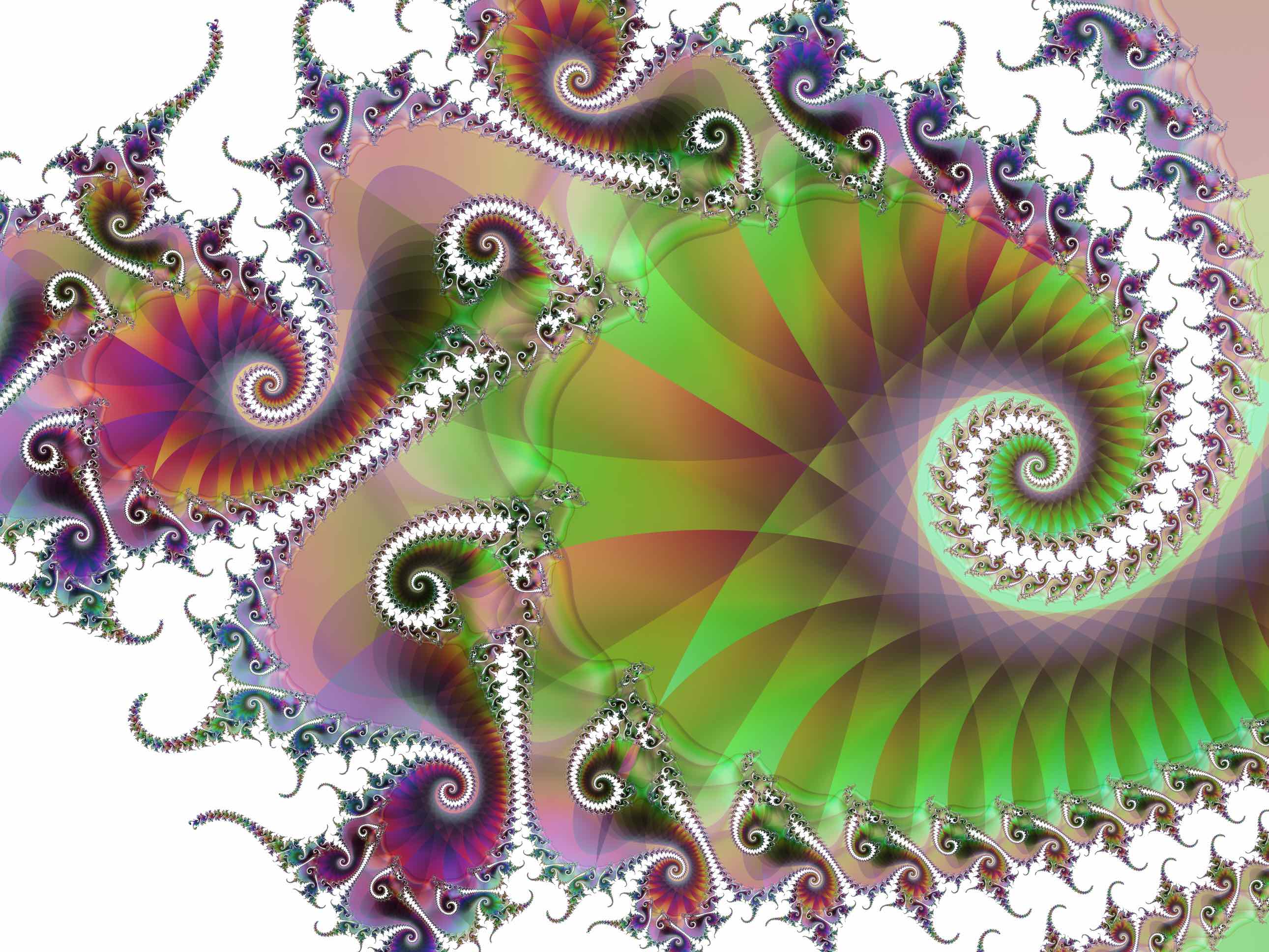
The essence of coaching

The use of coaching as a supportive tool in Erasmus+ non-formal education.



Organized by the Dutch National Agency for Erasmus+ -Youth

**6 to 9 may. Arnhem, The Netherlands**

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| **Description** | A 3-days training for everybody who is involved in Erasmus+ Youth non-formal education projects. Specifically for volunteers and youth workers supporting EVS and youth exchange projects.  For everybody who wants to increase his/her coaching skill as a supportive tool within this framework. |
| **Context** | Erasmus+ Youth is a very powerful programme in generating learning opportunities. Coaching can be an effective tool to support young people to use their potential and achieve both individual and project’s aims. This workshop is designed to provide its participants with basic knowledge and skills that can be used during this process. |
| **Target group** | Volunteers and youth workers supporting EVS and youth exchange projects within the framework of Erasmus+Youth. |
| **Participating countries** | Ireland, Netherlands, Poland, United Kingdom |
| **Aim** | The participants learn how to use coaching as an effective tool in supporting learning experiences within Erasmus+Youth activities. |
| **content** | * Coaching basics: What is coaching and how it can be used as a tool to support others. * Getting to know and practicing basic coaching skills. (with listening and asking questions) * Developing coaching attitude working on people’s potential and strengths. * The principles Erasmus+ and non-formal education as a background: support development of personal leadership and entrepreneurship, the youth pass as a coaching tool,… |
| **Accommodation** | The workshop will take place in Arnhem, The Netherlands. The venue Stayokay Arnhem is providing double sleeping rooms : <http://www.stayokay.com/nl/hostel/arnhem?gclid=COWGu-SP38ACFUjHtAodtW0ASg>  Airports close to Arnhem are: Eindhoven, Amsterdam Schiphol or Düsseldorf (Germany). Arnhem is about 75- 120 minutes in public transport from the airports. |
| **Flow of the programme:** | **Basic flow of the programme**  (We aim to adapt it according to the results of the application forms)   |  |  | | --- | --- | | Wednesday afternoon: | Arrival to venue | | Wednesday evening: | Getting to know who is who? And why we are here? | |  | | | Thursday morning: | What is coaching? | | Thursday afternoon: | Coaching exercises | | Thursday evening: | Dinner out | |  | | | Friday morning: | Coaching basic attitude: support personal leadership. | | Friday afternoon: | Creative space for ideas, share expertise (possibility to share methods). | | Friday evening: | Future cooperation – follow up | |  | | | Saturday morning: | Departure after breakfast. | |
| **Facilitators team** | Ania Szlek & Baud Vandenbemden |
| **Costs** | This could be different for participants, because NA’s have different policies on participation fees for seminars, trainings and meetings.  Check with your NA about possible costs. |
| **APPLY** | Applications can be done through this link:  <http://goo.gl/Pme7G8>  Application deadline: 8 march 2015  Selection notification: 30th march 2015 latest |
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We are waiting for your applications ☺

Join us!