



## SUMMARY OF THE PROJECT:

**Crazy for DemoCrazy CfD2015** is a training course implemented by EUROSUD , organization for the European youth mobility .

**Crazy for DemoCrazy CfD2015** will take place in **BARI** from the **02<sup>th</sup>** till **09<sup>th</sup>** December 2015 ( 02 is arrival day , 09 is dedicated to departures ) and EUROSUD will be the hosting organization for 30 participants coming from Greece , Romania , Belgium , Bulgaria ,Croatia , Czech Republic and Turkey .

All over Europe policy makers are deciding things that influence our lives and our future. These everyday-decisions are made locally, nationally and internationally.

How much can we change and influence those decisions? Do we only get to vote between good and bad, or sometimes bad or worse? Or can we make a difference? Can we participate more in the policy-making of our local communities and beyond? How objective is information? How free is our freedom of speech? How much power do the people have? How do we allow our target groups to participate within our own organization? Do we make decisions top-down or bottom-up?

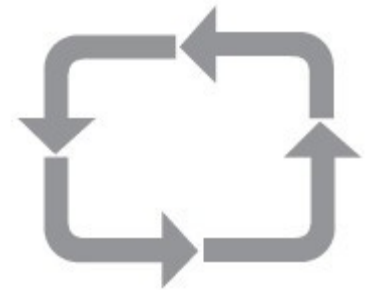




The training course will be organized by EUROSUD , organization for European youth mobility and SOF INGO from Belgium. The questions mentioned above will be answered by 30 participants from 8 different countries and published on social media and available on internet-forum platform .

This training course will provide a unique experience in democracy and participation. Together we will answer to the questions above , starting a dialogue between participants about these topics. We will learn non-formal teaching methods on how to help youngsters think about how they are participating in the decisions that are creating and influencing their own life.

**We will address the following topics:** Use of media and internet for research, independent media, international political systems, European policy-making, European democratic structure, local political structures, participation of youngsters in policy-making, democratic decisions within our organizations, and argumentation & debating.



All of these topics will be covered through non-formal methods or experience-based learning. Participants will give input themselves, gathered from analyzing games and exercises. Together we



will formulate our findings and match it with theoretical content. All participants will get to know methods to use when working with youngsters on themes like democracy, participation in policy- and decision making, elections and so on. In case studies we will question some European issues, identify differences in democratic systems and find the benefits and threads for our democracies. We will find out that no country is the same and we need to learn from each-other. The results of our

case-studies will be published on a new platform, a new internet-forum where discussions can be held on democratic topics and European integration and values. A platform where all of the used methods and developed new ones can be shared and passed on to other colleges, other



organizations, etc.

This training-course will be the start of widening the network for our organizations, our personal view on democracy and contribute to the general understanding of Europe. We want to provide a new approach, a new way of looking at how policies are made. We want to promote a clearer understanding of the meaning and relevance of democracy as a core value with human dignity and equality of opportunity. We believe this project will have an impact not only on the youth-workers but also on the local communities and organizations they come from.

In this case, and based on the theme of the project, democracy could not be more appropriate as a context for the development of personal attitudes such as tolerance, respect, empathy, solidarity and equality of opportunity. We believe that in order to build a new future, we have to educate this future. We have to make youngsters aware of the possibilities of democracy as well instead of only pointing out the problems. We need to get youngsters crazy about democracy and ready to innovate it over and over again.

### TARGET GROUP:

In order to participate, the candidates should be over 18 years old and must fulfill the following requirements:

- Be a youth leader, a peer leader, youth worker or actively involved in the civil society;
- Have a good conduct in English;
- Be able to attend the entire training;
- Be committed to multiply the results of the training in the local communities;
- Be highly motivated





EUROSUD will be hosting organization for 30 participant as following in table:

Country	Number of participants
Bulgaria	3
Belgium	4
Croatia	4
Czech Republic	3
Greece	3
Romania	4
Turkey	4

### WHAT TO BRING WITH YOU

Medicines: For preventive reasons we recommend for those who have health problems to bring their own medicines;

Any dictionaries you might need for a smoother communication in English;

If you have and consider important to carry with you - a mobile, camera, tablet, laptop, ect.

Personal cosmetics such as shampoos, gel, toothpaste, etc.( bring your towels ).

**For coffee break's time we suggest you to bring your personal cup**

### SPECIAL NEEDS

If you have special needs such as vegetarian food, food allergies, food intolerance, physical challenges, if you require wheel chair accommodation etc., we would like you to formulate these in details to [eurosudngo@gmail.com](mailto:eurosudngo@gmail.com). We will do our best to arrange all things with the venue.

Meals are prepared by experienced house-keeping staff using fresh ingredients.

**Working languages: English, body language, whatever language. Please, do not hesitate to contact us, if you have any questions!**



## ACCOMMODATION

The venue we chose for this project, a Pilgrim House part of a wonderful Franciscan Monastery complex and is located in the city of [Giovinazzo](#). The place is really easy to reach through public transport coming from both, Bari airport and Bari station bus/train. For more information how to get:

From Bari Airport to Bari Centrale (bus/train station): [LINK](#) (price 4€ one way ticket)

From Bari Centrale ( bus/train station) to Giovinazzo station: [LINK](#) (price 2€ one way ticket)

The venue offers a choice of accommodation for the guests, such as five and eight shared bedrooms. All rooms have essential services, including, heater and writing table. In addition we have a dormitory for men and for women, each unit providing a degree of privacy with wardrobe and bedside table.

Pilgrim House exists to provide an affordable, comfortable, safe, communal space for visitors and guests . We practice recycling, conservation of resources, hospitality, shared daily chores, and a serious commitment to a peaceful, welcoming, and grateful atmosphere. One of the priority is to encourage visitors pilgrims and guests to do the same. Not only is this sound sense for all; it is also a matter of delivering on our duty of care towards future generations.

The Pilgrim House is located just outside of a vibrant and diverse neighborhood in Giovinazzo. The neighborhood, a lively mix of homes, shops and restaurants, is known for its free-spirited ambiance, which attracts artists, musicians, and folks seeking a diverse, creative environment from which to live and work.

The accommodation is just about 15 minutes from the airport and downtown by car. And for those interested, a lot of shops and facilities are open from 07.30 am till 20.30 pm everyday.

The Pilgrim House serves traveling guests seeking a warm and safe place to stay while enjoying their time in the surroundings of Bari and Puglia region .The facilities of Pilgrim House include warm and friendly common areas, a well equipped kitchen and food storage options for guests and visitors. Additional features include free internet access, recycling, and off-street parking.



## **ABOUT YOUR ORGANISATION**

Please bring information (leaflets, posters) about your organization as you will need it in order to present your NGO during the meetings with local organizations/structures. It will be a good way of establishing contacts.

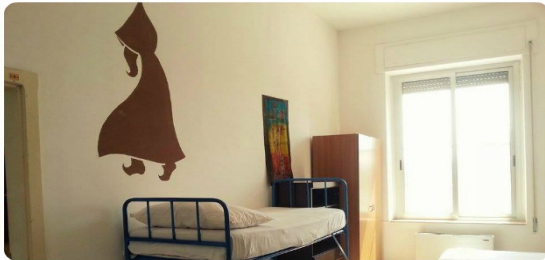
## **INTERCULTURAL EVENING**

On the third day of activities we planned to arrange the Intercultural evening. You will present your own cultures – national, regional, personal or any kind of culture you feel you belong.

This presentations/activity should not be just a “lecture” so try to find most creative way to show your culture. It means that all options are possible. A culture may be presented by a song, a story, a poem, a dance, some local special drinks or food, etc. You can bring pictures, music or anything which you consider to be most appropriate to present your culture.

## **PARTICIPATION IN THE TRAINING**

You are expected to participate fully in all activities, unless you are ill. Unauthorized absence from activities and workshops is not permitted.





## TRAVEL REMBOURSEMENT DETAILS

Please keep your original invoices, receipts, tickets, boarding-passes or any other transport document.

Be careful, since without these documents, we could not reimburse your travel costs!

### LIMIT FOR TRAVEL COST

Country	Travel grant per participant
Bulgaria	275€
Belgium	180€
Croatia	275€
Czech Republic	275€
Greece	275€
Romania	275€
Turkey	275€

**!Note:** Please note if you bought your ticket in your local currency which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission web-site: <http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

**!! Note:** Please make sure you have return tickets for all stages of your travel (return plane tickets, return bus tickets, etc.). Reimbursement will be given only on the basis of an existing ticket. No advance reimbursement for future tickets will be given.





## DAILY SCHEDULE

### PROGRAM:

#### Day 1: 02/12/2015 ARRIVALS

- Arrivals
- Get to know each other games and team-building games
- Introduction to the training course & program

#### Day 2: 03-12-2015

- Ice Breaking Exercises & name games
- Getting to know each other more personally (fears & expectations)
- Team building games
- Workshop on group dynamics and leary's rose
- Reflection moment
- Organizations Market – NGO FAIR

#### Day 3: 04-12-2015

- Games on communication
- Group work on communicating democratic structures
- SWOT analysis democracy in country groups
- Presentation of SWOT
- Reflection moment
- Intercultural evening

#### Day 4: 05-12-2015

- Meeting of the youth-council in Bari University
- EUROPE DIRECT \ EURES: EU Structure: EU fundings
- Exploring Bari
- Reflection moment
- Free evening in Bari

#### Day 5: 06-12-2015

- Game: Euro What?
- Roll play and simulation: intercultural learning
- Roll play and simulation: Democratic society Workshop
- Participation of youngsters in local policy-making
- Reflection moment



**Day 6: 07-12-2015**

- Introduction of the internetforum + Brainstorm on how to manage
- Workshop on research, Media and Social Media
- Develop the tools, for the forum and the salto website
- Test the tools of all our Groups and perfection the methods
- Reflection moment

**Day 7: 08-12-2015**

- Finishing input internet Forum and Tools
- Presentation of Youth-pass & Erasmus+
- Personal Evaluation
- Evaluation of the program
- Reflection moment
- Farewell evening

**Day 8: 09-12-2015**

- DEPARTURES



## HOW TO GET BARI

### By plane

There are approximately 40 cheap flights to get Bari (BRI) from different European airports. Taxi to downtown costs €25-30, but there are buses (line 16, 1€, ~35min) and a new metro service (4€, ~20min) connecting the airport to central Bari and the train station.

[Tempesta Autoservizi bus-shuttle](#)

### By train

Check [www.trenitalia.com](http://www.trenitalia.com) for time tables and prices.

### By car

You can get to Bari by A14 highway, which runs from [Bologna](#) to [Taranto](#) following the Adriatic coast.

### By bus

You can use [Onbus Company](#) to travel from Sicily to Puglia. [Touring](#) buses connect Germany to Puglia.

### By boat

Bari is the destination for ferries incoming from the Greek port of [Patra](#) and Igoumenitsa. If you are traveling on a Eurorail during the low season, the cost is €16, during the mid season it's €31. A normal ticket to Igoumenitsa is about €29 on the deck and in low - season. There are also ships to [Bar](#) and [Kotor](#) ([Montenegro](#)), [Dubrovnik](#) ([Croatia](#)) and to [Durrës](#) ([Albania](#)). Ferry operators are either [Superfast Ferries](#), [Blue Star Ferries](#), [Azzurraline](#) or [Jadrolinija](#). An up-to-date site [with international ferry schedules is here](#).



## Participating organisation:

ITALY

EUROSUD

eurosudngo@gmail.com

ROMANIA

Surf The Earth Project STEP

stepbacau@gmail.com

GREECE

en gnosi

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TURKEY

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CZECH REPUBLIC

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## USEFUL CONTACT


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