

# TRAINING COURSE "FIND YOUR PLACE"

16-23 October 2016 - Romania



Training on how to support young people,  
in finding **their true place** in life and on the job market.

*The course is developed to provide the youth workers with competences, tools and ideas to use in their work with young people, in order to empower them to find their true place in life and in the labor field. During the course we will explore and learn concepts such as employability, career guidance, coaching, mentoring, empowerment, translation of experience into competences, action planning, project based learning and sustainable economy. Through this training we support the participants in exploring these concepts within the context of their personal and professional life. The practices experienced during the course will be translated into educational tools, methods and activities to be used in the youth field, for the personal and professional development of young people.*

## TOPICS OF THE COURSE

**Employability** – exploring elements of employability, causes of unemployment and looking for solutions to solve the challenges.

**Career guidance through coaching and mentoring** – using specific tools and techniques to guide and counsel the youth in self-discovery processes and professional choices.

**Empowerment** – working on personal level to develop self-efficacy, courage, self-confidence and motivation by using different strategies and approaches.

**Translation of experience into competences** – exploring personal and professional experiences and translating them into key competences, using various tools and techniques.

**Action planning** – creating and implementing action plans in a sustainable and practical way, in order to reach professional and personal goals. Using action plan as a specific tool for enhancing young people’s employability.

**Project based learning** – working with an experiential pedagogy, by bringing the protagonists in a learning environment similar with reality, in order to increase and accelerate the development of specific employability competences.

**Sustainable economy** – understanding principles of macro and micro economics and developing financial intelligence in order to facilitate the adaptation of young people in the present economic conditions.

## TRAINING OBJECTIVES

- 1) **To create a space for learning, sharing and finding solutions** to the challenges that young people face on the job market.
- 2) **To experience non-formal education and experiential learning methods and tools** connected with the topics of the course and **provide a frame of transferability** for using the methods in specific professional environments connected with youth employability.
- 3) **To contribute to the personal development** of participants and increasing their motivation to act as responsible members of the world wide community who are supporting authentic youth development.
- 4) **To give the opportunity to improve the experienced methods and develop together new experiential and non-formal educational activities** on the topics of the training, for sustainability and continuity of the course.

## TRAINING METHODOLOGY

The TC consists of 6 full training days, which form a progressive learning process. Each day has a specific dynamic and topics. The course is based on non-formal education principles and methods, thus the participants will play an active role in the learning process. Self-directed learning is an important aspect of this training, so the participants will be challenged to take responsibility and initiative for their own learning and development.

## FOR WHOM?

- **For youth workers** (youth leaders, coaches, project coordinators, mentors) who want to develop new competences and gain new perspectives upon youth work and employability of young people.
- Participants should be at least 18 years old and should have a **good level of English**.
- Participants should be motivated to participate, willing and able to use the competences gained during the TC in their own realities, through youth work activities.
- Group size: 20 participants **from ERASMUS+ PROGRAMME COUNTRIES**

## WHEN AND WHERE?

**Dates: 16-23 October 2016**

- 16<sup>th</sup> October - arrival day
- from 17<sup>th</sup> until 22<sup>nd</sup> October – training (6 full days)
- 23<sup>th</sup> October – departure day

**Location: in Romania.** (The exact location will be announce before the course)

## TRAINERS TEAM

The team is made out of 3 experienced trainers:

- **Bogdan Romanică** from Romania (<https://www.salto-youth.net/tools/toy/bogdan-romanica.3421/> )
- **Eleni Michail** from Cyprus (<https://www.salto-youth.net/tools/toy/eleni-michail.3402/> )
- **Ognian Gadoularov** from Bulgaria (<https://www.salto-youth.net/tools/toy/ognian-gadoularov.2625/> )

The trainers have complementary competences and experiences, at local and international level. One important characteristic of them is that they are also experienced youth workers.

## PRACTICAL INFORMATION

**Financial conditions/costs:** accommodation, food and program costs will be covered by the organizers. Travel costs to the training location and back will be covered by the National Agencies of Erasmus+. For more information please contact your National Agency.

[http://ec.europa.eu/programmes/erasmus-plus/tools/national-agencies/index\\_en.htm](http://ec.europa.eu/programmes/erasmus-plus/tools/national-agencies/index_en.htm)

**Organizers:** This training course is financed by Erasmus+ Programme and organized by **Romanian National Agency (ANPCDEFP)**.

## **MORE INFORMATION**

Details on how to get to the venue will be offered only to the selected participants. Contact for questions: Cornel Stinga, E-mail: [cornel.stinga@anpcdefp.ro](mailto:cornel.stinga@anpcdefp.ro), phone: 0040 201 07 65.

## **APPLICATION PROCEDURES**

Participants have to apply online via **SALTO-YOUTH** application system.

*(If you do not have a SALTO profile yet, you will have to create it first in order to be able to access the application form. Creation of the SALTO profile is free and will only take a few moments.)*

Before applying please contact the NA of your residence country to check if it is involved in this training course and committed to cover your travel costs.

Training program is presented on the next page

**Thank you,**  
the team

## FIND YOUR PLACE – TRAINING PROGRAM

	16.10	17.10 - Day 1	18.10 - Day 2	19.10 - Day 3	20.10 - Day 4	21.10 - Day 5	22.10 - Day 6	23.10	
<i>Subject/ Timetable</i>	<i>Arrival Day</i>	<i>Introduction &amp; Teambuilding</i>	<i>Employability and sustainable economy</i>	<i>Career guidance through coaching and mentoring</i>	<i>Empowerment and project based learning</i>	<i>Action planning</i>	<i>Youthpass &amp; Evaluation</i>	<i>Departure Day</i>	
08.30 /09.30	Arrivals & Welcome	Breakfast							
09.30 /11.00		Official opening Aims/ Program	My employability	Coaching	Freakonomics	Action planning as a tool for employability	Action planning review	Departure & Good- byes	
11.00/11.30		Break							
11.30/13.00		Expectations Get to know each other	Sustainable economy (People-Planet- Profit)	Mentoring	Experiencing project based learning	1 2 3...Action planning	Exploring Erasmus + and Youthpass		
13.00/15.00		Lunch							
15.00/16.30		Building the group	Foundations of empowerment	Career guidance	Empowerment through project based learning	Translating experience into competences	Building a common future – developing cooperation		
16.30/17.00		Break							
17.00/18.30		Open employability box	Is there a Place for me?	Shaping the Place	Free time	Translating experience into competences	Final evaluation and closing		
18.30/19.00		REFLECTION	REFLECTION	REFLECTION		REFLECTION			
19.30/21.00		Dinner							
21.00	Welcome evening	Organizational presentations	Intercultural Place	Outside the box	Free evening	Motivational night	Good-bye party		