

BRIDGES TO SOLIDARITY

Training Course

Training Dates: **09 - 13.05.2022**

Arrival Date: **08.05.2022**

Departure Date: **14.05.2022**

| | Monday, 09.05.2022 | Tuesday, 10.05.2022 | Wednesday, 11.05.2022 | Thursday, 12.05.2022 | Friday, 13.05.2022 |
|-------------|---|--|---|--|--|
| Timetable | Day 1 – Coming together as a community & Embracing Solidarity | Day 2 – Exploring empathy & sensitivity towards others | Day 3 - Advocating and Networking for Human Rights for young people | Day 4 – Overcoming polarisation within the communities | Day 5 – Roadmap to Solidarity |
| 8.30-9.30 | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| 9.30-11.00 | Official Opening & Getting to know each other | Unconscious Bias | Human Rights 101 | Creating Inclusion, Achieving Belonging | Being Active vs. Being Engaging |
| 11.00-11.30 | Coffee Break | Coffee Break | Coffee Break | Coffee Break | Coffee Break |
| 11.30-13.00 | Social Construction | Purposeful Youth Work | Equality vs. equity. Exploring HR | Erasing the Dividing Lines in the Communities | Civic Participation |
| 13.00-15.00 | Lunch | Lunch | Lunch | Lunch | Lunch |
| 15.00-16.30 | The Concept of Solidarity | Exploring Empathy | Competences of Networking and Advocating | Inclusion for solidarity | The Why of Volunteering |
| 16.30-17.00 | Coffee Break | Coffee Break | Coffee Break | Coffee Break | Equality vs. equity. Exploring HR |
| 17.00-18.30 | Meaningful Communication | The Role of Empathy for the Solidarity Process | Strengthening Communities | Interactive discovery of the town and local realities | Agility and Change |
| 18.30-19.00 | Reflection Time | Reflection Time | Reflection Time | Interactive discovery of the town and local realities | Reflection Time |
| 19.30-... | Welcome Dinner | Dinner & Free Time | Dinner & Free Time | Dinner & Free Time | Dinner & Free Time |