

TRAINING COURSE MOLLINA, MALAGA **SPAIN**

COACHING FOR EMPLOYABILITY WITH ERASMUS +







Trainers: Jan Gasiorowski & Juan Ratto-Nielsen







ARRIVALS

Welcome! Arrivals day and afterdinner short welcome and get-toknow activity.

DEFINE



This day will focus on getting to know the group, course, main concepts, and E+ and ESC programmes. We will go through expectations, needs, objectives for the course, along with the proposed methodology in an interactive way.



DISCOVER

We will share and reflect on what we do in our work and life and how it affects our employability. We will focus on existing competences and strengths on an individual and organisational level by using coaching techniques.

DREAM



Based on the results of the previous day, we will visualise what we want to achieve in the future resorting to successful processes and experiences identified beforehand. Interviews, discussions and simulations will be used to support our learning.



DESIGN

In this phase, you will create your own personal development project on the basis of your individual goals and competences (existing and potential). Orientation and guidance activities will help you design your project for employability.

DELIVER



You will sketch your roadmap to put in practice your project developed during the course. We will close the process by assessing our learning and main takeaways for our organisations or practices.



DEPARTURES

Departures day. The start of a new journey: Keep on connecting the dots!