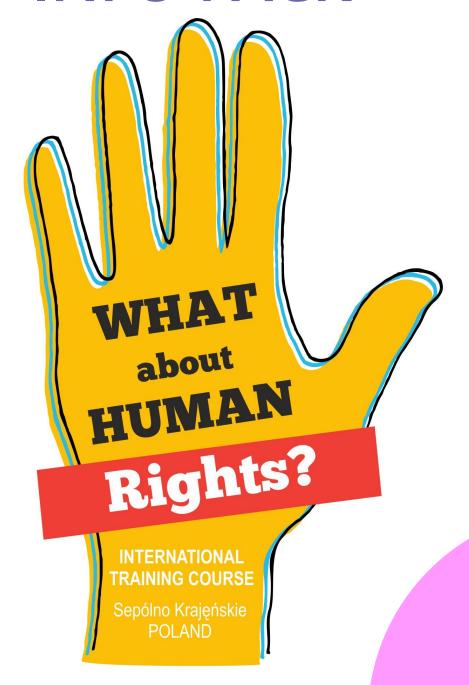
# INFO PACK



# **Training Course:**

JULY 22nd -AUGUST 1st, 2019

**Evaluation meeting:** 

NOVEMBER 15th—18th, 2019





### **GENERAL IDEA**

The main idea of this training course is to gather 27 youth workers from Poland, Spain, Germany, Turkey, Croatia, Greece, Italy, Malta, and Romania that are ready to develop the competences (knowledge, attitudes, and skills) of youth worker practitioners (including leaders of informal groups, teachers, trainers, coaches, social workers, etc.) to create their own human rights projects based on their personal interests, talents, and hobbies. Participants will gain awareness and education about relevant human rights issues in Europe and will be equipped with the tools and skills necessary to create their own human rights projects to affect change on the local level, in their communities.

# The project consists of 3 phases:

- By the end of **Phase 1** of the project, 27 youth workers will increase their knowledge on relevant human rights topics in Europe and the life cycle of a project. They will gain a pragmatic understanding of what actions they can take to address and prevent these issues in their local contexts, and develop personal visions for how to implement their own community development project addressing human rights.
- By **Phase 2** of the project, 27 youth workers will have developed their project management skills and put into practice their project visions for change developed during Phase 1. They will gain practical and tangible experience of tackling human rights issues in their local communities.
- By the end of **Phase 3** of the project, 27 youth workers will have evaluated and reflected on their work in their local communities. They will be more inclined to see themselves as human rights activists, capable of progress on the local level. In turn, they will also develop next steps of how to affect more change on the local level following the project.

# **PROJECT TIMELINE**

**Preparation** (June—July)

Training Course (JULY 22nd AUGUST 1st Follow-up activities implemented in local communities(August -November)

Evaluation meeting (NOVEMBER 15 - 18th 2019)

### PROFILE OF PARTICIPANTS

Currently involved in working with young people

Have a genuine interest in human rights and want to make a change in their community

Open to challenge themselves and learn

Have a high/advanced/fluent level of English for communication

Genuine commitment to implement what they learn on the local level back home

To be selected participants must be able and willing to participate in ALL 3 phases of the project!

# TRAINERS AND COORDINATOR

Romy Solomon (Spain)



Romy brings over 8 years of experience as a youth worker and international training consultant. She is certified in Experiential Learning Theory and Practice by David Kolb and the Institute of Experiential Learning in the United States. Romy has developed community initiatives focused on human rights, gender equality, child marriage, gender based violence, human trafficking prevention, migration, and more in the Republic of Moldova, Romania, India, Algeria, and the United States.

Daniele Nubile (Germany)



Daniele has 9 years of experience as a youth worker and a trainer at international level. Since few years, he started to focus more on the topics such Active European Citizenship, Human Rights and Democracy Education, with the aim to foster a critical reflection among young people and adults.





Project coordinator, a member of the applying organisation: Stowarzysznie "Dorośli – Dzieciom" ("Adults for Children" Association) from Sępólno Krajeńskie, Poland.

Actively involved in youth work since 2005.

Coordinator of Voluntary Service projects, Youth Exchanges and training courses.

### **COUNTRIES & PARTICIPANTS**

Participating countries	Number of participants
Spain	3 + 1 trainer
Germany	3 + 1 trainer
Turkey	3
Croatia	3
Greece	3
Italy	3
Malta	3
Romania	3
Poland	3 + 1 support person
TOTAL	30

# TRAINING VENUE & ACCOMODATION

The training will take place in Sępólno Krajeńskie - a small town located in Kujavian-Pomeranian voivodship, about 350 km from the capital of Poland – Warsaw, with the population of about 10 000 inhabitants. Cozy, quiet, friendly place with the lake in the centre, surrounded by beautiful nature will be perfect place for successful learning process.

SĘPÓLNO KRAJEŃSKIE

WARSAW



The main activities will take place in HOTEL "JAN" located at the bank of picturesque lake, surrounded by and woods and very near to the town centre. Nice atmosphere, friendly surrounding and beauty of nature – everything in one place...

Meals will be provided in the same place. Bed clothes and towels will be provided too. Free WI-FI interet connection is available in the hotel.





HOTEL ADDRESS: 1 Leśna street, 1 Leśna street, 89-400 Sepólno Krajeńskie, Poland <a href="https://hoteljan.com.pl/en/home">https://hoteljan.com.pl/en/home</a>



#### Arrival & departure to the venue:

#### **TRAINING COURSE:**

ARRIVAL: JULY 22th, 2019

(preferably in the afternoon/early evening)

**DEPARTURE:** AUGUST 1st, 2019

(in the morning)

#### **EVALUATION MEETING:**

**ARRIVAL:** NOVEMBER 15th, 2019

(preferably in the afternoon)

**DEPARTURE:** NOVEMBER 18th, 2019

(in the morning)

# TRAVEL COSTS AND REIMBURSEMENT

The training course will be implemented in the framework of EU ERASMUS+ Program. The accommodation and food will be covered fully.

Every participant or partner organisation should buy tickets and according to real ticket price we will reimburse travel costs but not more than you can see on table below. Travel costs will be reimburse just after the training. Travel expenses will be reimbursed maximum at the amounts mentioned below - depending on travel distance and actual cost.

Most of you will probably arrive to Warsaw Chopin Airport but airports in Gdańsk or Poznań might be also good options (however in most cases the cheapest way is a travel to WARSAW). From Warsaw you will have to go to Bydgoszcz (train/bus tickets will be provided by organisers) and from Bydgoszcz we will pick you up to the training venue... Quite a long way but... worth all your time and efforts...

After selection results, when you will choose a flight connection, please consult it with: Daniel Wargin- daniello13@wp.pl , +48 600062665. Please note that only when he gives you "green light" for the connection and price, you are allowed to buy tickets .

Country of Origin	Maximum Reimbursement (in EURO, per person)
Spain	360
Germany	275
Turkey	275
Croatia	275
Greece	275
Italy	275
Malta	275
Romania	275
Poland	0

### **ORGANISATIONAL NOTE**

The project assumes that attendance in all 3 activities for all the participants must be 100%. Failure to attend the activities may result in our inability to reimburse the travel expenses.

If an emergency happens and for some reason you are not able to attend some session, the team should be informed immediately.

Participants are expected to provide themselves adequate medical and travel insurance to cover the period of your stay in Poland, which we recommend. Neither our organization nor TC venue will be responsible for claims against loss of or damage to personal property.

# **APPLICATION PROCEDURE**

Each organization will delegate a team of **3 participants** to develop their professional competences. Please –once again – make sure that participants FIT the profile of participants and are available to attend all 3 phases of the project!!!

Ideally, the participants of this TC will be people that are involved in the partner organizations, but it can be also people that you know and cooperate with.

Once you have someone in mind, please ask them to fill in the online application form:

# **APPLICATION FORM**

**CLICK HERE TO APPLY** 





Contact for practical info:

Daniel Wargin daniello13@wp.pl +48 600062665 Deadline for applying: June 12th

Selection results: June 17th

# PRELIMINARY PROGRAMME OF THE TRAINING COURSE

Thursday, Aug 1	Departure	Breakfast	Departu	re	July 22nd—August 1st, 2019							
Wednesday, Th July 31	Evaluation	Breakfast	Project Presen- tations	Coffee break	Meet and Greet Fair: How to Support Ea- chother in our Projects	Lunch	Time Travel: The Past and the Future	Coffee break	Evaluation and Feedback	Reflection	Dinner	Youthpass Cere- mony and Fare- well party!
Tuesday, July 30	Ideas into Ac- tion: HR Leaders- hip		Project Manage- ment Tools		Project Manage- ment Tools	Lunch	Project Manage- ment Tools	Coffee break	Prepping for Final Presenta- tions	Reflection	Dinner	Participants' Choice
Monday, July 29	Ideas into Action: Project Management	Breakfast	Project Manage- ment Tools	Coffee break	Project Manage- ment Tools	Lunch	Project Manage- ment Tools	Coffee break	Project Manage- ment Tools	Reflection	Dinner	Movie Night (Documentary on Human Rights)
Sunday, July 28	Ideas into Action: Project Management	Breakfast	Intro to Project Design and Management	Coffee break	Project Manage- P ment Tools		Project Manage- ment Tools	Coffee break	Project Manage- ment Tools	Reflection	Dinner	Participants' Choice
Saturday, July 27	ldea Deve- lopment	Breakfast	Ideation	Coffee break	Ideation		Free Afternoon	Coffee break	Free Afternoon	Reflection	Dinner	Free Night
Friday, July 26	ldea Generation	Breakfast	Human Rights Open Space	Coffee break	Human Rights Open Space		Finding my Mission Sion (Human Rights and My Personal Passions)	Coffee break	Finding my Mis- sion	Reflection	Dinner	Participants' Choice
Thursday, July 25	HR Exploration	Breakfast	Human Rights Topic	Coffee break	Human Rights Topic		Human Rights Topic	Coffee break	Human Rights Topic	Reflection	Dinner	Intercultural Night 2
Wednesday, July 24	HR Exploration	Breakfast	Intro to Human Rights	Coffee break	Human Rights and US (Local Realities)		Human Rights Topic	Coffee break	Human Rights Topic	Reflection	Dinner	Intercultural Night 1
Tuesday, July 23	Introduction	Breakfast	Getting to know each other	Coffee break	Project Objec- tives/ Goal of TC, Fears, Expecta- tions and Contri- butions		Lunch Teambuilding		Teambuilding	Reflection	Dinner	Games Night
Monday, July 22	Arrival		Arrival Dinner Welcome Party!									Welcome Party!
		9:00 - 10:00	10:00 – 11:30	11:30 – 12:00	12:00 – 13:30	13:30 – 15:00	15:00 – 16:30	16:30 – 17:00	17:00-18:00	18:00 – 18:30	19:00	21.00 +

# PRELIMINARY PROGRAMME OF THE EVALUATION MEETING November 15-18, 2019

Day 4	Departure Monday	Breakfast	ext?		sas		Departure		oration			
Day 3	Next Steps Sunday	Breakfast	What can we do next?	Coffee break	Open Space of Ideas	Lunch	Group Work	Coffee break	Final Outcomes Celebration	Reflection	Dinner	Farewell Party
Day 2	Evaluation Day Saturday	Breakfast	Team Building	Coffee break	Project Presentations	Lunch	Project Presentations	Coffee break	Learning Outcomes	Reflection	Dinner	Human Rights Trivia Night
Day 1	Arrival Fridav		Arrival								Dinner	Welcome Party!
		9:00 - 10:00	10:00 - 11:30	11:30 - 12:00	12:00 - 13:30	13:30 - 15:00	15:00 - 16:30	16:30 - 17:00	17:00-18:00	18:00 - 18:30	19:00	21.00 +