



# 8 senses

**TCA Bulgaria**  
**15 - 21 June 2020**

| 5 training days +  
2 traveling days |  
**venue: to be announced**

## 8 Senses is...

5 days long training course for youth workers to learn about, practice and apply **methods for inclusion, participation, creativity and sustainability** in their work with youth, including NEETs and young people with fewer opportunities

## IT IS ABOUT...

Everything and everyone is **always in certain environment**. And everything all together, as we know it on the Earth is **THE ENVIRONMENT** from which we are all part. This is our starting point for **training attitudes of inclusion, participation, creativity and care**.

This **TCA** is recommended for Youth leaders, workers, trainers, mentors, coaches, activists and entrepreneurs or for everybody who is interested to learn more on the topic of how environment can be seen as a key competence as well as a part of our sensory system.

## OUR GOAL IS ...

To **discover** what attitudes do we hold regarding ourselves, the environment and the mutual interaction between us and **how we can benefit** from it in our work with youth.

To **share** real case experience and **exchange** of different levels of expertise on the **European civic dimension of Public engagement**.

## IT IS FOR YOU IF...

You are a **Youth worker** with proven track record of **involvement in an NGO** as well as:

- **Interested in** inclusion, sustainability, youth participation, working with NEETs and fewer opportunities youth.
- **Willing to** expand your professional competences on cooperation, creativity, entrepreneurship, leadership, communication, teamwork, design thinking, problem solving.
- **Have chance** to disseminate the topic on local level.
- **Using** English as a working language.
- 18 + y.a

## TOGETHER WE WILL...

- \* **Expeience** participatory scenarios.
- \* **Make** environment a skill and competence.
- \* **Find out how** to implement 'cradle to cradle' thinking in our local society.
- \* **Create, design and utilize** the environmental thinking and elements in our youth work **to create interest, increase participation and work sustainably**.

## GOAL ACHIEVED...

By **building a dialogue** between youth workers from EU countries;

By using **learning by doing, non-formal education** and other **interactive practices** such as **many outdoor quests**, related to the **observation and collaboration** with the others and with the **surrounding environment**;

By **proposing solutions** on common environmental issues in Europe (sustainability and urban lifestyle, air pollution in big cities, waste management, electronic recycling, city gardening and food management, non-violent use of the environment etc.)

## AND KNOW BETTER...

- 1) What is **inclusion, participation, creativity, sustainable thinking**?
- 2) What is **the role of the youth** and youth workers as part of the environment?
- 3) What is **solicitude** and how is it shaped by the environment?

## PRACTICALS

**Arrival:** 15 June 2020, before 17:00 EET

**Dates:** 16 - 20 June 2020 - programme days

**Departure:** 21 June

**Venue:** to be announced upon confirmation by the NA |

Arriving later or leaving earlier from the programme is **NOT** allowed

**Accommodation and Food:** Organised and covered by the Bulgarian National Agency for Erasmus + ([www.hrdc.bg](http://www.hrdc.bg))

**Costs, Fees and Reimbursement:** This project is financed by the participating NAs of the Erasmus + Youth in Action Programme. Please, contact your NA to learn about the participation fee for participants from your country.

Your sending NA will support your travel costs. After being selected, please contact your NA to learn more how to arrange the booking of traveling tickets and the reimbursement of your travel expenses.

**What to bring with you?:** After the confirmation, you will receive a full list of items that we recommend to have with you during this TC.

**Training Team:** Petya Chalakova and Tihomir Georgiev

## PROGRAMME

**DAY 0 (15.06.20): ARRIVAL AND WELKOME**

**DAY 1 (16.06.20): WORK WITH CONCEPTS AND CONDITIONS**

**DAY 2 (17.06.20): THINKING AND QUESTIONING**

**DAY 3 (18.06.20): CASES AND QUESTS**

**DAY 4 (19.06.20): SPACE FOR EEDBACK AND REFLECTION**

**DAY 5 (20.06.20): WHAT HAVE I LEARNED? AND IMPLEMENTATION**

**DAY 6 (21.06.20): DEPARTURE**

\* DETAILED FINAL PROGRAMME WILL BE PROVIDED UPON CONFIRMATION AND BASED ON THE ANALYSIS OF THE LEARNING NEEDS.

Further logistic information will be provided by the Bulgarian NA as the organizer of this TC.

Once confirmed, please keep in mind to arrange your travels accordingly with the given dates and times above.