

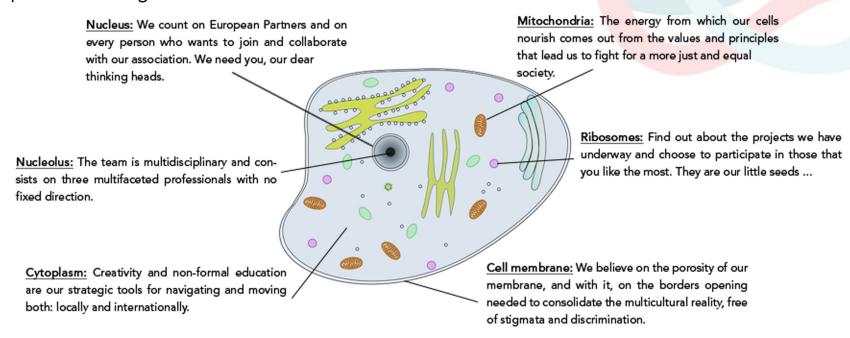




CÉLULAS DURMIENTES ASSOCIATION

Framed in the strategies of social movements that defend equity, respect, feminism and tolerance of all people regardless of their social status; this association aims to promote interculturality and gender equality through social action projects, cultural management, sensitization campaigns and educational intervention. It is aimed to empower youth and communities in order to find the tools to enable them to transform their own realities. As it is said, the organization believes that the key for transformation is to encourage effective social behaviour and values to make citizens responsible within their daily day and engaged within their communities.

In general, our projects have as the main goal, to offer a common safe space where the people can feel free to express themselves, to share skills, experiences and ideas, and where the equal relation between us brings the opportunity for dialoque and deep understanding.







PROJECT DESCRIPTION

Gender equality has a universally recognized benefit for people. However, our visual references (media, advertisements, movies, ...), are still full of sexist stereotypes and vividly illustrate the depth of stereotypes permeating our contemporary civilization. Yet everyone have much to gain equality of all people, genders and sexes. This project offers professionals and young artists from different European contexts, a privileged opportunity to unite, in Spain, your perception and your actions in favor of the mobilization in favor of gender equality.

We have chosen to address feminism through the use of creative digital tools because images are a powerful tool for reflection and call to action, and digital media has the widest impact reach. We intend to bring everyone messages for gender equity and equality through digital images.

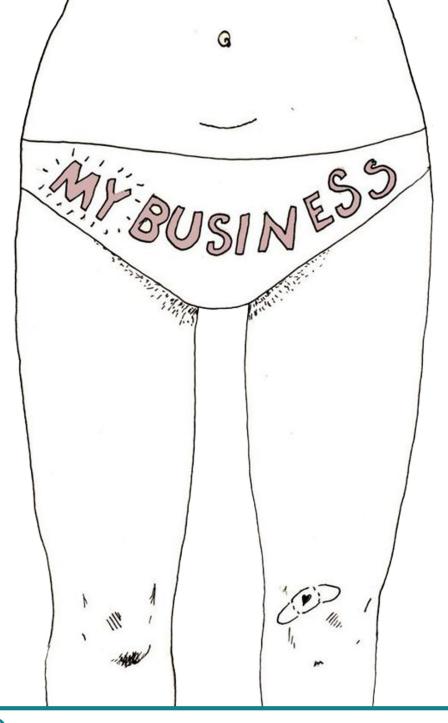
Our workshop in **Segovia**, **Spain**, **March 22-28**, **2020**, will invite youth workers and **artists** to lend their support to involve youth for gender equity.

The participants profile includes youth workers, social workers, facilitators, pedagogues, artists, sociologists and gender equality activists who has their residence in Italy, France, Poland, Bulgaria or Spain. However, all of them should have: a clear interest in the project, the desire to develop their own personal and professional knowledge, attitudes and skills on this subject and the desire to exchange, interact and work with professionals from different disciplines.

We will try to end the Workshop with a **Final Local Exhibition** of comic strips to engage young people in favour of gender equality.











mi donde estaba, mi como vestía"





FACILITATORS



Anne is a creative explorer. Whilst studying visual arts and interaction design in France, she discovered game dynamics through creative coding and interactive books. Excited about the whole thing, she co-founded Nomadways (www.nomadways.eu) in 2014, where she started crafting and animating workshops mixing performing and visual arts, to explore new ways of playing and learning in Europe and beyond. In the meantime, she lived in Greece, Brazil, Seychelles, Portugal and elsewhere in between, experimenting with playful ways to interact and discover one another in multilingual or non verbal settings. Along the way, she collected myriads of tools & methods for collaborative creation, specializing in team dynamics and project design using art, movement and stories to foster cooperation & social action.



Hélène is a pedagogic artivist! Indeed, for many years she worked as project Coordinator in NGOs involved in the non-formal education workshops and she has been a non formal education free-lance trainer for 5 years. Passionate about the performing arts (pantomime, clown, masks, impro, costume), she uses it as tools to develop critical thought to lead to empowerment. Passionate about pedagogy, she has developed original training courses based on self-directed training and learning trips. The exploration of new ways of learning is her keystone. Her involvement in European mobility programs for fifteen years led her to join the Nomadways team in January 2019. She also works in the professional training field, where she gives sociology courses to social and youth workers.





PREPARATION - to do before coming

Needs for participants:

- Join our Facebook group! (Look for WEMEN SEGOVIA)... and post an image and a short presentation of yourself for the others;)
- Bring a comic book, a graphic roman, ab illustration, or a visual artwork from your country that shows interesting views on gender issues
- Think about a Fairy tell that is interesting about the gender topics. You will share it with the rest of the group!
- Prepare an energizer for the others

Whenever needed, to start our activities on an energic note, we will play a short 5-10mn game to energize everybody, feel refreshed and ready to rock the day! These games will be animated by... you! So please prepare at least one:)







LOCATION

The training is taking place in Spain, in a really lovely place called Duermevela Hostel, in the city of Segovia, in the region of Castilla y León.

SEGOVIA

Only 100km from Madrid, Segovia is a city that combines culture, history and youth. It has two universities (IE and University of Valladolid)

Here the wonderful Titirimundi puppet festival is held, music and film festivals are organized, and it has a lot of underground culture with musicians, painters, puppeteers and artists.

It has a beautiful historical center and worth seeing while taking a walk, incredible places from which to watch the sunset or sit and think and many bars where you can enjoy the typical and delicious tapas. You're going to love it.







LOCATION

YOUR HOME

Duermevela Hostel has 7 rooms with a total of 20 spaces in bedrooms of 2 or 4 people. All rooms include linens and secure lockers.

We also have a variety of common areas where you can meet other travellers, play guitar or just sit back and relax. There is a living room, a kitchen, an outdoor patio, a courtyard and a cinema room.

All meals will be prepared by a cook and served in the dining room. Your free time you could spend walking by the river, going to the center town, in hygge living room or enjoy yourself in the upstairs living-room. In the hostel there is wi-fi internet access and washing machine. We kindly ask you to bring your own toiletry and towel. The place have bed sheets.









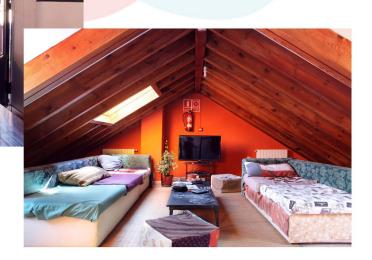


LOCATION













TRANSPORT TO THE TRAINING

Before booking any tickets, send your offer to nucleo@celulasdurmientes.com and wait for confirmation

Flights: The best way is arrive to Adolfo Suarez Madrid Barajas, from there you have bus and metro to Madrid inner city (bus or train station). There are less than 100 km to Segovia. From where you have train and bus to reach Segovia.

Coach: From anywhere, you can catch a Flixbus, Isilines, Eurolines or OUIBUS to Madrid or Valladolid. From there you will take a train or bus to Segovia, where we will meet up and go together to our home!

You can also choose the train option from anywhere and also sharing car service (BlaBlaCar, Amovens).

Book your train train tickets here: www.renfe.com You can aslo buy bus tickets from Madrid in www.avanzabus.com

Please leave from Segovia no later than 28/03 at 11.00:)

If you have any doubt about transportation contact us, we may help!



TRAVEL REIMBURSMENT

We will be able to reimburse your travel costs up to a maximum amount of:

- Participants from Spain: 10km a 99km: 20€ & 100km a 499km: 180€.-
- 180€ for participants from France
- 275€ for participants from Bulgaria, Italy & Poland (or Spanish Islands)

We are also asking you a participation fee of 50 euros (which also grants you with Células Durmientes membership and aprticipate for free in next projects), deductible from your travel reimbursement. Food and accommodation are provided for free.

REIMBURSMENT PROCEDURE

Here is what you need to do to be reimbursed for your travel costs:

- 1 confirm your participation send email to nucleo@celulasdurmientes.com
- 2 send your bank info (name of the bank, address of the bank, name of the account holder, SWIFT/BIC, IBAN), and your photo or scan of your ID/passport to nucleo@celulasdurmientes.com
- 3 keep all your original tickets (including tickets for public transportation) and boarding passes during your trip.

We will collect them on you arrival day. If you won't have all of them we will be unable to reimburse you.

4 - after your return trip, send us reimbursement form (that you are going to received later) with all your photographed or scanned return tickets & boarding passes by email to nucleo@celulasdurmientes.com and after all the originals by post at:

Andrés Sánchez González Calle Lérida 2, 3° A 40004 Segovia SPAIN







