

Training Course "KEEP IT REAL" | 3rd - 8th SEP 2023, Vilnius

number of the day	DAY 0	DAY 1	DAY 2	DAY 3	DAY 4	DAY 8	
date	3rd SEP, Sunday	4th SEP, Monday	5th SEP, Tuesday	6th SEP, Wednesday	7th SEP, Thursday	8th SEP, Friday	
8:30 - 9:30	Check-in at the hotel after 14:00 Arrival to the venue at 19:30 the latest	breakfast					Departure after breakfast Check-out off the hotel before 12:00
9:30 - 11:00		check-in moment + intro to the day + announcements + energisers Breaking the ice and getting to know each other	Eligibility criteria and formal procedures of submitting an application	Project visibility and dissemination of project results	Youthpass		
11:00 - 11:30		coffee break					
11:30 - 13:00		Intro to the training program, group process and learning process for the training	Drafting a project application	Risk management	Final writing session & group feedback		
13:00 - 15:00		lunch					
15:00 - 16:30		Principles of non-formal learning	Balancing the programme of youth exchange	Intercultural learning	Next steps on a path to applying		
16:30 - 17:00		coffee break					
17:00 - 18:30		Exploring project ideas (through inclusion and participation)	APV as a tool for enhancing participation	TIME-OUT and DINNER-OUT	Evaluation of the training		
18:30 - 19:30		reflection of the personal/ professional learning process in small groups					
19:30 - 21:00		dinner					
21:00 - ...	Quick welcome and basic info for tomorrow	Inspiration of the day	Inspiration of the day	free night	free night		

* training course programme might change due to needs of the participants, National Agencies or other circumstances.

